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# **Personality Tests Career Tests, General Personality Tests**

Personality tests are used to determine your type of personality, your values, interests and your skills. They can be used to simply assess what type of person you are or, more specifically, to determine your aptitude for a certain type of occupation or career.

and Aptitude Tests

Personality tests range from the fiveminute Color Quiz which is supposed to determine your personality type by to the Myers-Briggs

the colors you select,

Type Indicator which is one of the top-rated personality tests that helps assess your personality type and help to explore career options.

There are a variety of tests that measure your intelligence or aptitude, inventory your skills and assess your ability to succeed in a career.

#### **Aptitude Tests**

Aptitude tests measure your ability to acquire a skill or do a particular type of work. These are

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 Personality Tests for **Dummies** 

#### **Related Resources**

- Employer Research
- Exploring Careers

### **Elsewhere on the Web**

- Color Quiz
- Keirsey Temperament Sorter
- Myers-Briggs
- •Strong Interest Inventory



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the type of tests employers typically use to screen candidates for employment. <u>Self Assessment and Aptitude Tests</u> are available online and, in many cases, are free. Tests are available on just about every topic. There are tests to determine whether you have an aptitude for sales or for firefighting, for example. You can even take a <u>Circus Aptitude Test</u> to find out if you should run away and join the circus!

#### **Career Tests**

<u>Career Tests</u> are used to provide an indication of which jobs match your personality type and which careers you have an aptitude for. You can take a quick test online and get immediate result or take more extensive (and professional) tests to determine which careers might interest you.

## **Intelligence (IQ) Tests**

Intelligence tests measure your intellectual functioning, or in plain language, how smart you are. They are designed to measure an individual's mental skills. A person's intelligent quotient (IQ) is a measure of intelligence derived from the results of specially designed tests. The quotient is determined by dividing an individual's mental age by his chronological age and multiplying the result by 100.

#### **Inventories**

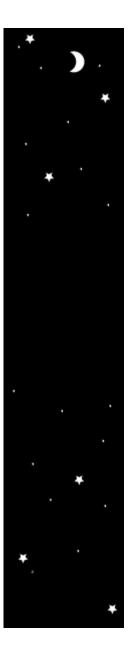
Inventories are checklists that you can use to identify factors which you relate to - and which you don't. They measure how your interests match those of other people employed in certain occupations. Career inventories, like the Strong Interest Inventory, provide a summary of your interest areas and the occupations that match your interests.

## **Personality Tests**

Personality tests and other psychological tests measure your personal characteristics, your emotional makeup and your stability. They are often used by trained career counselors as a tool in the self-assessment part of the career planning process. Some of these tests can be personally interpreted online, others need a counselor to interpret them. Use our directory of Online Personality Tests to get a sense of what type of personality you have.

## **Just for Fun**

Take a break from the serious stuff and try



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some fun <u>quizzes</u>. You can measure your stress level, decide if you are burned out, assess how healthy you are or discover how you feel about love!

It's important to note that none of these tests will provide you with a definite answer on what you should do with your life. Rather, you should use them as a tool to generate informed guesses and see them as one part of your overall career planning.

#### **More Resources**

### **Career Personality Tests**

Taking a career personality test is a little like playing "what do you want to be when you grow up?" with a twist. The twist is that personality tests can give you ideas about what you should do rather than you simply pondering what you want to do. Here are career tests you can take online and information on how they work.

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